



Lola Jones, Inc.

Leadership   Innovation   Personal & Professional Development   Performance

## 5 Day Retreat

### *Leadership, Productivity, and Power*

#### **Increase your ability to:**

Self management mastery, manage others more effectively

Enjoy, flow with, and initiate change more smoothly

Evolve your skills and talents

Manage emotions and thoughts for more effective business results

Put ideas into action wisely and effectively

Influence and lead people, or function better on a team

Use time more effectively

Bounce back from setbacks, using them to create forward motion

Increase productivity, and reduce wasted time

Improve focus, clarity, and concentration

Refresh, rejuvenate, and lose your stress

Become less reactive and more powerful in challenging times or situations

Work more harmoniously and productively with others

Reach your full potential in career and life

#### ***Become a greater asset to your company and/or clients***

Retreats are held four times a year, in California and Germany.

Hotel, transportation, and other expenses not included.

Plan on 12-hour days at the retreat.

**\$1850.00** includes all meals.