



## LOLA JONES, INCORPORATED

### 5 Day Intensive

#### *Leadership, Productivity, and Power*

##### **Increase your ability to:**

- Self manage, and manage others better
- Enjoy, flow with, and initiate change
- Evolve your skills and talents
- Manage emotions and thoughts for effective business results
- Put ideas into action quickly and effectively
- Influence and lead people, or follow productively
- Reach your full potential in career and life
- Use time more effectively
- Bounce back from setbacks, using them to create forward motion
- Increase productivity, and reduce wasted time
- Improve focus, clarity, and concentration
- Refresh, rejuvenate, and lose your stress
- Become less reactive, more powerful in challenging times or situations
- ***Become a greater asset to your company and/or clients***

**\$1750.00** includes lunches and dinners, materials.

Hotel, transportation, and other expenses not included.

Plan on 12 hour days at the retreat.

Speak with Lola Jones to receive approval to take this course and register:

512-243-3832

## Bio

Lola Jones has 20 years experience in corporate professional development, having led trainings at IBM, the State of Texas, Advanced Micro Devices, and many for-profit and non-profit organizations. Her seminars take people through profound transformations that positively impact every area of their lives, with emphasis on practical application of the knowledge and skills, and effective performance in their careers.